

# DIVISIONAL CHAMPIONSHIP FINALS

## TIME SCHEDULE – Cerritos College

\* The time schedule is an approximate schedule. Races will run in sequence without delay. Alternates must check-in with the Clerk of Course prior to their event being called. The alternates need to report ready to run when the event is Clerked.

### RUNNING EVENTS

#### ORDER OF CHAMPIONSHIPS: DIV. 4, 3, 2, 1

Girls 400m Relay	1:00	Boys 800m	4:00
Boys 400m Relay	1:15	Girls 300m LH	4:15
Girls 1600m	1:35	Boys 300m IH	4:25
Boys 1600m	2:00	Girls 200m	4:40
Girls 100m HH	2:20	Boys 200m	4:50
Boys 110m HH	2:40	Girls 3200m (D1&D4)	5:05
Girls 400m	2:55	Girls 3200m (D2&D3)	5:20
Boys 400m	3:10	Boys 3200m (D1&D4)	5:35
Girls 100m	3:25	Boys 3200m (D2&D3)	5:50
Boys 100m	3:35	Girls 1600m Relay	6:05
Girls 800m	3:50	Boys 1600m Relay	6:30

#### DIVISIONAL FINALS - ORDER OF FIELD EVENTS DIV. 4, 3, 2, 1 (Except for Discus 2, 1, 4, 3)

The stadium will open at 9:30 am. All field event competitors shall check in by division at both (1) Field Event Clerk and (2) Event Judge. Division calls will be approximately one (1) hour apart to include a (15) minute warm-up. The exception is in the pole vault where the calls will be approximately 1 hour 45 minutes apart with a thirty (30) minute warm-up.

### POLE VAULT:

ALL athletes must be dressed in a proper, school issued, track uniform. Pole Vault competitors will use (2) runways at Cerritos College. Girls will use the “trackside” runway and Boys will use “auxiliary” runway and follow the following schedule: (Pole Vault athletes will be given a 30 minute warm-up prior to their divisional competition)

#### Girls Pole Vault on “trackside” runway:

<u>Division</u>	<u>Check-in</u>	<u>Jumping</u>
D4	9:45	10:30
D3	11:30	12:15
D2	1:15	2:00
D1	3:00	3:45

#### Boys Pole Vault on “auxiliary ” runway:

<u>Division</u>	<u>Check-in</u>	<u>Jumping</u>
D4	10:45	11:30
D3	12:30	1:15
D2	2:30	3:15
D1	4:00	4:45

**BOYS/GIRLS HIGH JUMP:** Two (2) pits will be utilized at Cerritos College.

ALL athletes must be dressed in a proper, school issued, track uniform.

#### Boys High Jump:

<u>Division</u>	<u>Check-in</u>	<u>Jumping</u>
D4	10:00	10:30
D3	11:30	12:00
D2	1:00	1:30
D1	2:30	3:00

#### Girls High Jump:

<u>Division</u>	<u>Check-in</u>	<u>Jumping</u>
D4	11:00	11:30
D3	12:30	1:00
D2	2:00	2:30
D1	3:30	4:00

### **BOYS/GIRLS LONG JUMP AND TRIPLE JUMP**

ALL athletes must be dressed in a proper, school issued, track uniform.

**BOYS AND GIRLS LONG JUMP** – Check-In: 10:00 a.m.; Competition begins: 11:00 a.m.

**BOYS AND GIRLS TRIPLE JUMP** - To follow Long Jump

### **BOYS/GIRLS SHOT PUT**

ALL athletes must be dressed in a proper, school issued, track uniform

**GIRLS SHOT PUT** - Check-In: 10:00 a.m.; Competition begins: 11:00 a.m.

**BOYS SHOT PUT** - To follow girls

Note: Athletes must provide their own shots. Shots must be engraved with the appropriate weight.

### **BOYS/GIRLS DISCUS** - Discus order will be 2, 1, 4, 3

ALL athletes must be dressed in a proper, school issued, track uniform

**BOYS DISCUS** - Check-In: 10:00 a.m.; Competition begins: 11:00 a.m.

**GIRLS DISCUS** - To follow boys

**REMINDER: ALL athletes must be dressed in a proper, school issued, track uniform.**

## **SEEDING OF EVENTS**

Seeding for the **Divisional Championship Finals** will be based on the athlete's performance in the Divisional Prelims Meet. The fastest to slowest times in each running event will dictate the lane assignment. The formula for lane assignments is: 5, 6, 4, 7, 3, 8, 2, 9, 1. The 800/1600/3200 will be seeded from the outside in with the best times on the outside. The 800/1600/3200 races will be run in two alleys for the first turn if entries exceed the number of lanes on the track. The 1600 relay will be run with a three (3) turn stagger. Cerritos College has Olympic turn and a common finish line.

## **DIVISIONAL CHAMPIONSHIP FINALS INTO THE MASTERS MEET**

The top nine (9) performances, regardless of division, will advance to the Masters Meet. The top twelve (12) performances in the 800, 1600, 3200 and all field events will advance to the Masters Meet.

**SCRATCHES AND ALTERNATES** - Should an entrant be unable, or chooses not to enter an event for which he/she has qualified, the following procedures are to be followed:

**DIVISIONAL CHAMPIONSHIP FINALS INTO MASTERS MEET** - Coaches of athletes scratching from an event are to report the scratch to the **Coaches Corner** as soon as possible during the meet. For scratches after the meet, Jack Recla at (949) 285-4893 **or** e-mail Jack Recla at [jackrecla@sbcglobal.net](mailto:jackrecla@sbcglobal.net) as soon as possible but no later than **4:00 p.m. on Thursday, May 25, 2017**. Finishers ten (10) and eleven (11) are alternates in events that automatically qualify nine (9). Finishers thirteen (13) and fourteen (14) are alternates in events that automatically qualify twelve (12). If they are not notified during the week on scratches, they should report to the Clerk's Area when their event is called. The events will be filled and those alternates will be notified during the week.